WHOLESOLDIER COUNSELING FORM Type of Counseling:				•	D BY THE PRIVAC POSE & USE: Solo	dier Counseling	AUTHORITY: 5 USC 301, 10 USC 3013, AR 623-3 DISCLOSURE: Voluntary					
a1. SOI DIER NAME (Last. First. Middle Initial.) a2. RANI				PART I - ADMIN		T = 5.444 ()						
a1. SOLDIER NAME (<i>Last, First, Middle Initial</i>) a2. RANH			a2. RANK	a3.	MOS	a4. DoD ID #	a5. EMAIL (.gov or .ı					
b1. UIC b2. PLT/SEC b3. BASE			b3. BASD	b4.	DOR	b5. ETS	b6. RCP	b7. FROM DATE	b8. THRU DATE			
c1. ASSESSOR NAME (<i>Last, First, Middle Initial</i>) c2. RANK			c2. RANK	c3.	MOS	c4. DoD ID #	c5. EMAIL (.gov or .r	mil)				
				P	ART II - ASSES	SMENT						
N			NEGATIV				POSITIVE					
	Frequency Impact	Always Unacceptable	Nearly Always Very Bad		Usually Bad	Mixed Marginal	Usually Good	Nearly Always Very Good	Always Excellent			
	Category	Separate	Problem		Needs Work	Minimum Standard	Over Standard	Strong Performer	One of Very Best			
HEART	CHARACTER Honor, Integrity, Candor, Personal Courage			integrity to be trusted. Won't take a stand for Ils half-truths under pressure.			Can be trusted to do what is right, even when nobody is looking. Willing to stand up for what is right. Tells the whole truth, even when painful.					
	CONDUCT Maturity, Discipline, Responsibility, Bearing, Composure, Coolness	Needs constant supervision and doesn't lead a balanced life. Blames others rather than taking responsibility. Disrespectful and dramatic when upset.					Mature, performs well without supervision, and acts within intent. Takes responsibility for mistakes and corrects them. Maintains bearing under stress.					
	PURPOSE Selfless Service, Sacrifice, Commitment, Loyalty, Duty		d displays a selfish attitud nal desires before others o				Selfless member of the team with loyalty to the mission and ideals larger than self. Committed to performing duties even when sacrifice is required.					
	MOTIVATION		nd drive to get the job do			(Possesses the will to win and puts forth best effort. Sees setbacks as chances to				
	Drive, Determination, Endurance, Resilience, Grit	from	setbacks or seeing tough	tasks thr	ough.		learn, bounces back, and fights through. Inspires motivation in others.					
	INTERACTION Respect, Empathy, Encouragement, Humor		l inconsistent towards oth others. Takes energy aw		-		Positive, respectful, genuine, and humorous. Makes others comfortable to share ideas/issues and adds to team atmosphere.					
	VIEW OF SELF Confidence, Humility, Self- Esteem, Self-Efficacy		n ability to accomplish the , fails to accept feedback,					inced with humility in execut am, isn't afraid to fail, and isi	-			
	KNOWLEDGE Job Tasks, Skills, Education, Trainability, Learning	Does not know basic job tasks or skills. Difficult to train and doesn't learn on own. Lacks technical competence.				n.	Knows basic tasks and higher level tasks. Takes part in own training as a lifelong learner. Reaches skill mastery.					
	JUDGMENT Common Sense, Logic, Insight, Understanding, Adaptive, Flexible		udgement and common s portant factors in varying			st	Makes good decisions in routine situations and new ones. Sees the big picture and what is important. Recognizes when to change the course of action.					
GNIM	APPLICATION Planning, Communicating, Executing		others to carry out the mi mmunicating. Does not g					s into actions. Communicate efforts of the team. Accomp				
	FACTS and OBSERVATION											
ВОДУ	FITNESS Cardio Endurance/Strength, Muscular Endurance/Strength	load. Poor perforn	lished Army standards. Co nance during PT and phys	ically den	nanding conditions.		Exceeds Army standards and demonstrates the strength and endurance to accomplish the mission. Carries more than his/her share of the load.					
	ATHLETICISM Coordination, Agility, Balance, Power, Speed, Flexibility, Accuracy, Reaction Time	Moves awkwardly and struggles with tasks requiring coordination. Unable to fight or live up to unforseen physical challenges.					Soldier is an athlete and performs under a variety of conditions. Controls the body to powerfully complete complex physical movement.					
	HEALTH Nutrition, Rest, Hygiene		ribute to poor performand ormance. Poor hygeine n				Demonstrates balance in nutrition, rest, and personal habits. Maintains a reserve to meet demands. Takes care of body has good hygiene habits.					
	FACTS and OBSERVATION	DNS:										

					PART I	II - ANALYS					
HEAF	RT .	URPOSE	MOTIVAT							whole, affirmation of streng actors resulting in a general	
	,, b	UNI	177//	ON /		for Soldier develo			, , ,	0 0	0,
HEALTH CHARACTER	Maria de la companya della companya		MOTIVATI	MERA	NEW OF SELF KNOWLEDGE						
	WAID	_		INI						T	
BOD	Υ .	FITNESS	NOITAJIJ	γ _{QA} V	IIND	Potential (Re Is this Soldier a ca Is this Soldier a ca		ued service?	'ES NO 'ES NO	Promotion Points	
DD93 / SGLV	PRR / FRR	PHA	Hearing	HIV	Vision	Dental	IMM	NCOES	Education	DLC	GT Score
Due Date:	Due Date:	Due Date:	Due Date:	Due Date:	Due Date:	Due Date:					
Family	y Status	BAH Recert	Height	Weight	Body Fat	AF	PFT	Weapon O	ualification	Profile	
	7	Due Date:				Score:		area peni d	,		
Dep(s):	Care Plan:		Date:		DART IV	Date:	NITC	Date:			
ARE	:AS	AS	SPIRATIONS		PART IV - AGREEMENTS ACTIONS ASSIS						ANCE
FOC		Long-Term Goals			SMART S	Short-Term (Specific	, Measurable, Acti	Leader Respo	nsibilities		
Professional goals to include Warrior Tasks and Drills, Job Knowledge/Skills, additional duties, DLC, Military schools, Civilian Education, Promotion, and Retention.											
FITNESS/FOOD											
Physcial goals to sustain strengths and improve weaknesses supporting health and performance.											
FAMILY/F	FRIENDS										
Personal related contributing syste	to support										
FINAN	NCES										
Personal financial goals to include reducing debt, saving, and spending.											
FU	N										
Personal goals to enjoy life while balancing risks of unhealthy or unsafe actions.											
FUNDAM	IENTALS										
Personal goals with values, ic and/or spirit	deals, faith,										
Session Closing: (Leader summarizes the session and confirms plan of action. Subordinate agrees/disagrees and provides remarks if appropriate.)											
Individual counseled: I agree disagree with the information above.											
Soldier Sign	aturo			Assessor Sig	naturo			Date:			

PART V - CONTINUATION OF COUNSELING					
USE	THIS PAGE IF NEEDED. IF THIS PAGE IS NOT NEEDED, PLE	EASE OMIT.			
ADDITIONAL COMMENTS:					
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